



ROOM 6 – THE COLLABORATOR: EMBODY & ENGAGE WITH HELP

*Your Result: Build your ecosystem for
sustainable impact.*

It's time to stop carrying alone what requires a team.

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Micro-Steps

01

Support Audit

- Map Your Giving and Receiving Patterns
- Assessment questions
- Create an action plan

02

Flyer Connection

- Reach Out for Bird's-Eye Perspective
- Identify one person
- Craft specific request
- Be respectful
- Express gratitude
- Follow up

03

Peer Connection

- Invest in Mutual Support Relationships
- Choose one peer
- Schedule intentional time
- Share authentically
- Offer specific support
- Create accountability

04

Mentoring Opportunity Pop-up:

- Share Your Light with Someone Behind You
- Identify someone
- Offer specific help
- Share your story
- Provide practical guidance
- Create an ongoing relationship

01

Support Audit

Map Your Giving and Receiving Patterns

Strategic collaborators recognize depletion patterns before they become crises.

Assessment questions:

- Where am I consistently giving without being refueled?
- What specific types of support do I need but am not receiving?
- Who in my current circle could provide the help I need?
- What support am I afraid to ask for and why?
- Where do I feel most isolated in my calling?

Create an action plan:

Address your top 2 support gaps this week.



Your Call to Action

Ready for deeper guidance in this Room? My book, *When Your World Ends: God's Creative Process for Rebuilding a Life*, guides you step by step through all seven Rooms, with Scripture, stories, and practical tools. If this PDF resonated with you, the book is your next companion for rebuilding.

02

Flyer Connection

Reach Out for Bird's-Eye Perspective

Mentors provide a perspective you can't access from your current position.

Identify one person who's succeeded in your field or faced similar challenges.

Craft specific request:
"Could I have 15-30 minutes of your time to get your perspective on [specific challenge]?"

Be respectful:
Honor their time with prepared, specific questions.

Express gratitude: Thank them for their investment in your growth and development.

Your Call to Action

Keep an eye on your inbox — I'll be sharing tools like the Rebuilding with Rhythm mini-course as they're ready.

03

Peer Connection

Invest in Mutual Support Relationships

Choose one peer

facing similar challenges or in a similar season.

Schedule intentional time:

Coffee, call, or focused conversation.

Share authentically:

Discuss current struggles and victories.

Offer specific support:

How can you help them with their challenges?

Create accountability:

Regular check-ins or mutual encouragement.



You'll know you're ready for Room 7 when:

- You're effectively collaborating while maintaining your voice.
- You have consistent impact but feel the strain of unsustainable patterns.
- You sense God calling you to build something that lasts beyond your individual effort.

04

Mentoring Opportunity Pop-up

Share Your Light with Someone Behind You

Part of your purpose is helping others step into theirs.

Identify someone

2-3 steps behind you in their journey.

Offer specific help

in an area where you have experience.

Share your story:

How did you overcome what they're facing?

Provide practical guidance:

Tools, resources, or connections that helped you.

Create an ongoing relationship:

Regular encouragement and support.