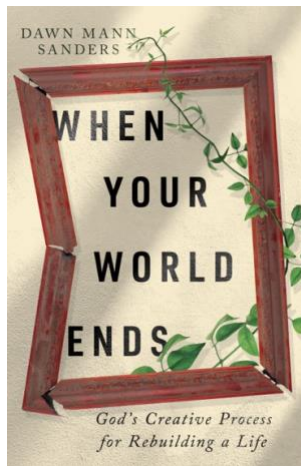


Bible Teacher and First-Time Author Dawn Mann Sanders Empowers Women to Rebuild Their Lives

When a catastrophic event, trauma, or deep disappointment leaves a gifted leader feeling helpless, where can she turn for new strategies and tools to rebuild her life?



Bible teacher and debut author Dawn Mann Sanders offers a unique perspective and biblical wisdom in her upcoming book, *When Your World Ends: God's Creative Process for Rebuilding a Life* (InterVarsity Press, September 17, 2024). The book is a lifeline for those who have experienced significant success only to be plunged into a valley of despair and are now seeking new ways to restore their lives with God's guidance.

Dawn Mann Sanders' work resonates deeply with women who, despite their achievements, find themselves facing unexpected challenges. Her approach is grounded in her scholarship and seminary training, providing readers with practical tools and inspiring insights for spiritual and personal renewal.

"Though *my* world had ended, *the* world hadn't. My life hadn't. I decided if I had to be here, eventually I was going to find a way to enjoy my time here. I couldn't go on hurting the way I was.

That meant I had to create a new life—one without my husband, Reggie. This was an invitation. God was inviting me to join him in his next creation—of me, my life, my community, my environment, and my world. Just as with Adam and Eve, God is inviting us to join him in the process of crafting our lives, our communities, our environments, and our worlds."

Dawn Mann Sanders is available for interviews and can discuss topics such as:

- New strategies and tools for personal restoration when previous methods no longer work.
- The role of faith in overcoming trauma and loss.
- Embracing God's creative process in the midst of life's valleys.
- Personal anecdotes and lessons from her journey as a Bible teacher and thought leader.
- The tools and inspiration for starting over.
- The concept of God's creative process for rebuilding a life, the seven-step process that mirrors God's method of bringing order from chaos.
- The intersection between the creation story and our stories.
- Navigating crises and rebuilding lives on a solid foundation of faith.
- Seeing the three signs of chaos in the creation story as the beginning rather than the end.

**About the Author:**

Dawn Mann Sanders (MDiv, Bethel Seminary, summa cum laude) is a Bible teacher, author, and associate minister at First Baptist Church of Glenarden International (FBCGI), where she serves as the director of the sermon-based life groups ministry. Her passion is expository teaching and sharing that combines her deep scholarship with practical application to help women rebuild their lives. Her debut book, *When Your World Ends: God's Creative Process for Rebuilding a Life*, offers hope and guidance for those facing life's most challenging seasons.

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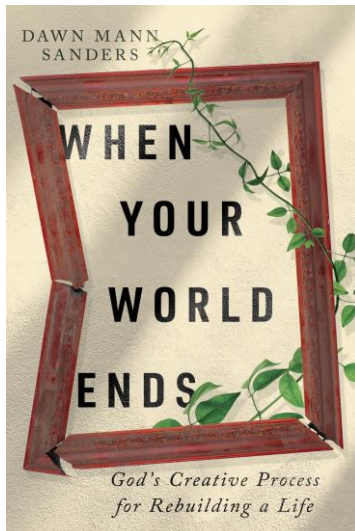
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Suggested Interview Questions for Dawn Mann Sanders

1. What inspired you to write *When Your World Ends: God's Creative Process for Rebuilding a Life*?
2. Can you share a little about your personal journey that led to the creation of this book?
3. What key message do you want people who have experienced profound loss or trauma to take away from your book?
4. You speak directly to women who have reached great heights only to face deep valleys. How can your book help them find new ways to rebuild?
5. Can you explain the concept of God's creative process for rebuilding a life, as discussed in your book?
6. What are some practical steps or strategies from your book that readers can start implementing immediately?
7. How did your own faith journey shape the insights and guidance provided in your book?
8. What advice would you give to someone who is just starting their journey of rebuilding after a significant loss?
9. You discuss creating space to breathe and a source of water amidst life's chaos. What practical advice do you offer readers for finding this space and water, and how do they relate to spiritual well-being?
10. How can someone who feels like they are in a barren desert, spiritually or emotionally, find their 'source of water' as you describe it?
11. How does your book address the balance between taking time to heal and the pressure to move forward quickly in our fast-paced world?
12. What are some key scriptures that you find particularly powerful when discussing the themes of healing and renewal in your book?
13. What message do you hope readers take away from your book about the power of faith in times of personal crisis?
14. What is one of the most surprising lessons you learned while writing this book, and how has it changed your perspective on rebuilding a life?
15. Where can listeners find out more about your work and upcoming book release?

For more information or to schedule an interview with Dawn Mann Sanders, please contact Krista Clayton at kclayton@ivpress or 800.8434587 Ext. 4013.



EXCERPT



When Your World Ends

God's Creative Process for Rebuilding A Life

September 17, 2024 | \$18, 208 pages, paperback | 978-0-8308-0825-6

How do you rebuild your life after it falls apart? Dawn Sanders has traveled that path and lived to tell the tale—twice. With her unique perspective, authenticity and courage, Dawn digs deep into the creation story and unearths a seven-step process by which God brings us out of the void and guides us into renewed hope.

Creating Order in the Face of Disorder

The night Reggie died, my family came over to sit vigil, but as the night wore on, they departed one by one to their own homes until only one of my family members and I remained.

At first my family member was quiet, but eventually she opened up, pausing after each sentence. "I don't know what to say. I got nothing—no words. I don't understand why he's gone. It doesn't. Make. Sense."

"I know. It doesn't make sense to me either."

"It's late and I don't want to leave you alone," she said. "I'm also not sure staying here tonight is the best thing for you. Will you come stay the night with me?"

I was touched by her invitation, but I declined. As confused as I was by Reggie's unexpected death, I was sure of one thing.

"I need to have a conversation with God," I told her. "And it's not going to be one of those pretty prayers."

I pictured myself lying prostrate on the floor, my face soaked in tears, my eyes puffy and red from crying as I lamented before the Lord. No, it wasn't going to look pretty. I imagined looking the ugliest I've ever looked while praying.

"I understand," she said. "You're sure, though?"

"Yeah. I am."

Reluctantly she left.

Now alone, I went to my bedroom. Exhausted, I tried to get some sleep before meeting with God. After a fitful night, I perched on the edge of my bed and prepared myself for an ugly, personal interaction with the Lord. I assumed that as we met face-to-face, I'd bear my heart. I braced for tears and weeping. But in the face of the chaos, confusion, and disorder surrounding Reggie's sudden, unexpected, and inexplicable death, all I had were two words:

"What now?"

Little did I know, but the word *now* spoke to sequence and order. Reggie's passing left me and my life unexpectedly out of order. Before Reggie's death, I knew what to do *now*—and what to do *next*. After his death, not so much.

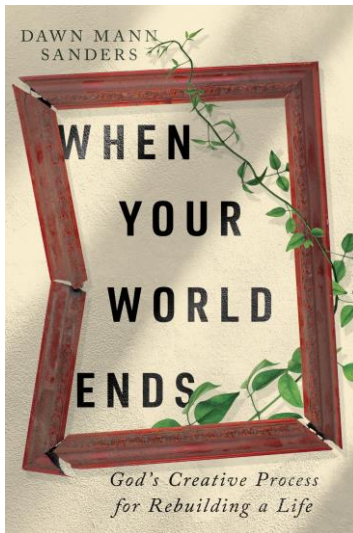


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"When Your World Ends is a unique and refreshing perspective on moving beyond grief to a place of creative and productive health. This book uses the creation story to encourage the reader to enter the process of healing by utilizing the creative abilities that each person has been given by God."

— Valorie C. Nordbye, president emeritus of Campus One80 Ministries

It was as if someone had dropped a bomb into the middle of my life, scattering my next steps all around—some in the rubble, some damaged beyond recognition, and *all* out of order.

How could I begin putting my life back together? Without any idea where to start, I felt helpless and confused.

I didn't expect to feel empty at that stage of my life. And I didn't know what to do.

What do you do when tragedy strikes, destroying your life and shattering your plans forever? How are you going to respond to God's invitation to *live* through the end of the world as you know it?

You may be feeling a similar kind of confusion and chaos. Thankfully, in the creation story, we see God creating order in the face of disorder. Restoring order is a fundamental component of God's creative process—one he's exemplified from the beginning.

In the opening chapter of Genesis, God transformed a chaotic, unproductive mess into an orderly, fully functional world. As I envision the stark contrast between the nonfunctional wasteland and the abundant, vibrant universe that emerged, I can't help but feel that God intentionally started with disorder. He wanted us to see how he brings order out of turmoil—it's an integral part of his creative process.

By commencing with chaos, God demonstrated his heart for restoration, illustrating how he can craft something beautiful even when our lives feel like nothing. That's major. God may have allowed Satan, the destroyer, to ruin my life, but my pain wouldn't be in vain (John 10:10). God would lift my confusion and restore the order I once felt. That right there is a reason to shout but wait—there's more.

God bringing order to the initial disorder in Genesis 1 reveals God's heart before the fall, before sin entered the world in Genesis 3. In essence, whether we sin or not, God's plan has always been restoration.

-taken from chapter 3, "It's Part of the Process"



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***When Your World Ends*****God's Creative Process for Rebuilding A Life**

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Dawn N. Sanders (MDiv, Bethel Seminary) is an associate minister at First Baptist Church of Glenarden (FBCG), where she serves as the director of the sermon-based life groups ministry. Her passion is expository teaching and sharing the wonderful insights God has shown her in his Word. She does this through writing weekly discussion guides for the life groups as well as teaching several in-depth Bible studies. Dawn has written and taught extensively on overcoming adversity and creating a new life, both at FBCG and on her personal blog.

An Invitation to Create Something New

What motivated you to write this book?

Dawn Mann Sanders: I had a desire to provide women with a strategy to navigate sorrow and rebuild their lives once the grieving process from some type of traumatic event in their lives had subsided, helping them then discover that the strategy is found within the creation story in Genesis. Whether that catastrophic event or trauma was from a devastating loss, empty nest, church wounding, or deep loneliness due to lost friendships/abandonment, the invitation to create something new is there for all in the book of Genesis. It is my hope that through this book women recognize that the same God, the most powerful force in the universe, present at the beginning, is also present in their seemingly powerless situation.

What is the central theme of your book?

Dawn: God invites us to join Him in His creation—of us, our lives, our communities, our environments, and our world—using His creative process as revealed through the creation story. Through what I call "God's Creative Toolkit," He helps us restore order and organization to the confusion resulting from a catastrophic event in our lives. Just as the grieving process takes us through distinct phases, so does creation in more ways than one.

What are the five main things you want readers to take away from your book?

Dawn: In this book the reader will:

1. Train herself to follow God's creative process for crafting a new life and legacy even when she's starting with nothing.
2. Connect the chaos, emptiness, and darkness in the Creation Story to similarly formless, void, and dark situations in her story.
3. Learn limbo—the place between two states—is a stop on the journey, a place of rest that's part of the process, not a dead end.
4. Regain her power and agency from the enemy by discerning the difference between the healthy darkness that is God's Secret Place and the oppressive darkness trying to overtake her.
5. Live the life she was meant to live by joining God in His creation of her life, environment, community, and world after hers has been destroyed.



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